

## Which rowing shell is best for me?

9/27/2022

Weight ranges are a guide only. Doubles, Quad and Advanced boats - you must be checked out to use these boats.

Format	Class	Name	Code letter	Target weight range*	Location
Single	Advanced, flat water	FluiDesign Super Heavy	U	200 - 250	
Single	Advanced, flat water	Hudson Heavy	A	175 - 210	
Single	Advanced, flat water	Hudson Green	H	160 - 185	
Single	All, flat water	Hudson Red	Q	160 - 185	
Single	All, flat water	Kaschper	B	150 - 175	Outside
Single	Advanced, flat water	Hudson White	G	145 - 175	
Single	All, flat water	Hudson Blue	P	140 - 165	Outside
Single	Advanced, flat water	Resolute	R	130 - 170	
Single	Advanced, flat water	Van Dusen	C	120 - 145	
Single	Advanced, flat water	Empacher Lightweight	D	100 - 140	
Single	All, open water	Maas Aero	M	110 - 210	Outside
Single	All, open water	Maas Aero	MM	110 - 210	Outside
Single	All, open water	Mass Aero	N	110 - 210	Outside
Single	All, open water	Maas Aero	F	110 - 210	Outside
Single	All, open water	Maas 24 white	K	145 - 190	
Single	All, open water	Maas 24 yellow	T	145 - 190	
Single	All, open water	Mass 24 white	E	145 - 190	Outside
Single	All, open water	Maas Flyweight stripe	V	100 - 145	
Single	All, open water	Maas Flyweight	S	100 - 145	
Single	All, open water	Maas Flyweight 'Mildred'	MD	100 - 145	
Double	All, flat water	Pocock	X	175 - 210	
Double	All, open water	Maas	L	175 - 210	
Double	Advanced, flat water	Sykes	Y	165 - 190	Outside
Double	Advanced, flat water	Resolute	W	110 - 140	
Quad	Advanced, flat water	Sykes	Z	150 - 180	

\* Crew average weight for doubles and quads

\* There is not really a minimum weight beyond the demands of being practical to row