## Which rowing shell is best for me?

11/4/2020

Weight ranges are a guide only. Bear in mind more or less weight will affect a boat's stability and alter handling, especially in rough water and wind.

Doubles, Quad and Advanced boats - you must be checked out to use these boats.

Format	Class	Name	Code letter	Target weight range*	Location
Single	Advanced, flat water	FluiDesign Super Heavy	U	200 - 250	
Single	Advanced, flat water	Hudson Heavy	А	175 - 210	
Single	Advanced, flat water	Hudson Green	Н	160 - 185	
Single	All, flat water	Hudson Red	Q	160 - 185	
Single	All, flat water	Kaschper	В	150 - 175	
Single	All, flat water	Hudson Blue	Р	140 - 165	
Single	Advanced, flat water	Resolute	R	130 - 175	
Single	Advanced, flat water	Van Dusen	С	120 - 145	
Single	All, open water	Maas Aero	M	110 - 210	Inside
Single	All, open water	Maas Aero	MM	110 - 210	Outside
Single	All, open water	Maas 24 white	K	145 - 190	
Single	All, open water	Maas 24 yellow	Т	145 - 190	
Single	All, open water	Maas Flyweight stripe	V	100 - 145	
Single	All, open water	Maas Flyweight	S	100 - 145	
Double	All, flat water	Pocock	X	175 - 210	
Double	All, open water	Maas	L	175 - 210	
Double	Advanced, flat water	Sykes	Y	165 - 190	
Double	Advanced, flat water	Resolute	W	110 - 140	
Quad	Advanced, flat water	Sykes	Z	150 - 180	
	* Crew average weight for doubles and quads				
* There is not really a minimum weight beyond the demands of being practical to row					